



MARCH 21 WORLD DOWN SYNDROME DAY

Friends, Family & Supporters of the Down Syndrome Association of Sudbury

Our excitement is building up, and we would love for you to join us in spreading the word and participating the celebration. Introducing the [#RockYourSocksDSAS2024!](#)

World Down Syndrome Day (WDS) is celebrated globally on March 21st. The date is significant because it represents having 3 copies of the 21st chromosome (3-21), which leads to Down syndrome.

Date: Thursday, March 21, 2024

How to Participate: Rock your spirit by wearing blue, yellow, and mismatched socks on March 21st and share your most creative and sock-tastic images with us!

Why Wear Mismatched Socks? The tradition of wearing mismatched socks on WDS is widely recognized as a symbol to raise awareness about Down syndrome because socks resemble chromosomes, promoting inclusivity and celebrating the uniqueness of individuals with Down syndrome.

How to Submit:

- Tag us on Social Media: Facebook @Downsyndromeassociationofsudbury
Instagram @Downsyndromeassociationsudbury
- Send a DM on Facebook: Drop us a direct message with your pictures.
- Email Submissions: Send your pictures to info@dsas.ca

Submission Deadline: 11:59 pm on March 21st**



Down Syndrome Association of Sudbury



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P.O. Box 2855, Station A, Greater Sudbury, ON,
Canada, Ontario

www.dsas.ca | info@dsas.ca |



Whether you're on social media or prefer email, we want to see your creative sock combinations.

Show off your creativity, and you might just be one of the lucky participants selected during our WSDS Sock Hop Dance & Social event, Saturday, March 23, 2024. We're not just celebrating in style; we're also awarding prizes, including a chance to win a pizza party.

By participating, you'll be contributing to raising awareness about Down syndrome and adding a burst of color to our community. We can't wait to see your sock masterpieces!

If you have any questions or need more information, feel free to reach out to us at info@dsas.ca.

Thank you for being an integral part of our community, and let's make this #RockYourSocksDSAS2024 Challenge one to remember!

Sincerely,
DSAS



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