

DSAS NEWSLETTER 2015

WORLD DOWN SYNDROME DAY PANCAKE BREAKFAST A SUCCESS!

World Down Syndrome Day



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March 21, 2015 was the "First Annual DSAS World Down Syndrome Day Pancake Breakfast"! We hope everyone enjoyed the breakfast celebration. Thank-you Jean and Michelle Cotnoir and College Boreal for all of their help. For more pictures of the day please visit our facebook page.

RESOURCE LIBRARY

New books have been added to the Resource Library,

located at the Children's Treatment Centre and a full list of resources can be found at <u>www.dsas.ca</u>.

Here are some of the new books we have added to the Resource Library;

- "Fully Alive", a novel by Timothy Shriver,
- "Sibling Survival Guide",
- "Targeting Language Delays",
- "Talking is Hard for Me",
- "The Steps to Independence: Teaching Everyday Skills to Children with Special Needs",
- "An Uncomplicated Life": a Father's Memoir of his Exceptional Daughter,
- "Parenting Through The Storm", by Canadian Author Ann Douglas,
- And the Canadian Down Syndrome Society "Mind and Body".

NEW PARENT GROUP

The New Parent Group will be meeting June 6th from 9 :30 – 11 :30 at the Montessori School of Sudbury, located at 295 Victoria Street. Please RSVP or for more information contact Paula Cunningham at paula.cunningham@sympatico.ca.

The New Parent Group is for moms and dads, their children with Down syndrome (from birth to age 10) and their siblings. We support each other through the ages and stages of child-rearing, and just enjoy the company of those who understand our lives. The goals for the group are to meet and connect with other parents; to share stories, strategies and information; and to learn from some of our more experienced parents. It is an informal atmosphere, and parents are free to speak openly about feelings and issues they may be facing.

WE HAVE A NEW TREASURER !

The DSAS is very excited to announce that Julie Gratton has accepted the role of Treasurer with the DSAS. We thank her for her willingness to volunteer and her committment to the DSAS.



KINSMEN HOUSE

\$15,000

This is the amount that the DSAS received from the Sudbury Kinsmen as one of the recipient charities for the Kinsmen Club of Sudbury Showcase Home 2014. We would like to thank the Kinsmen Club of Sudbury for their continued support. We will continue to volunteer and support their organization because we have been selected as a recipient charity for 2015! Our liaison for this event is Lisa Wright, and we will need many volunteers to assist the Kinsmen with making this successful! Please look out for emails with more information. Notable dates include August 22 Grand Opening, Early Bird November 2nd, Grand Prize November 9th, 2015.

for more information www.sudburykinsmen.ca

April 12-18 was National Volunteer Week

It was National Volunteer Week! The DSAS is run entirely by volunteers - from event planning to managing memberships; from meeting new parents to coordinating activities for young adults; from connecting with external organizations and creating resources; from promoting inclusion and awareness; and the list goes on!

We thank each and every one of our volunteers for making the DSAS what it is! Your passion and commitment inspire us every day!

Congratulations Bailie and Holla's Greenhouses

Bailie has a new job at Holla's Greenhouses and we are very excited for her. Please support Bailie and Holla's Greenhouses, what a great employment opportunity!

For more information please visit

www.hollasgreenhouses.com

THINGS TO REMEMBER

GO 21

This is a reminder that the GO21 - Sudbury Walk for Down Syndrome, formerly known as the Buddy Walk will take place Sunday November 1, 2015, the start of National Down Syndrome Awareness Week! Volunteers appreciated!

STILL REQUIRED

The DSAS Executive still requires a <u>Secretary</u>! We are looking for someone who is passionate and committed and who would welcome the opportunity to give back to their community. If you are interested please email us at <u>info@dsas.ca</u> and we can provide more details.

We are also searching for volunteers for <u>SEAC</u> in all school boards. The Special Education Advisory Committee meets monthly (approx. 10/year) and makes recommendations regarding the Boards Special Education Plan, including programs and services for our exceptional students. If you are interested please send us an email, it would be great to have members for the 2015/2016 school year!



DSAS Member Jason Friemanis thanks the Chief of Police

Jason Friemanis of the Greater Sudbury Police Service was provided the opportunity to thank and present the Chief of Police with a Buddy Walk plaque for his part in the DSAS Buddy Walk 2014. The Chief of Police noted that they are committed to supporting the GO21 – Sudbury Walk for Down Syndrome in 2015! Thank-you Chief Pedersen and Jason for your support and dedication to the DSAS.

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Julie Contini, President Paula Cunningham, Vice President Julie Gratton, Treasurer Colette Leclair, Bingo Coordinator Lauri Christison, Education and Resource Consultant Down Syndrome Association of Sudbury PO Box 2855, Station A, Sudbury, ON P3A 5J3 Visit us at www.dsas.ca Or www.facebook.com/DownSyndromeAssociationOfSudbury Email us anytime!! info@dsas.ca